

Western Service Area Authority (WSAA) Board Meeting

Tuesday, March 28, 2017 • 10:00 a.m. to 1:00 p.m.

Western Montana Mental Health Center

1321 Wyoming St., Room 102, Missoula, Montana

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PRESENT: (Board Members – for quorum): Sylvia Carollo, Monique Casbeer, Brenda Desmond (*left @ 11:30*), Doris Fischer (*by phone*), Leah Furlong (*by phone*), Chris Glines, Denelle Pappier, Dawn Sandberg, Pete Snyder, Geri Stewart, Susan Thomas (*by phone*), Stacey Wheeler.

(Board Advisors from AMDD): Vicky Varichak.

(Members/ Guests): Dan Ladd (Board of Visitors, (*by phone*), Charles Baker (*arrived @ noon*).

Convened at 10:05 a.m. – Telephone conference call initiated through poly-com.

A. Welcome / Introductions / Announcements — Chris Glines, Chair

1. FACEBOOK: Reminder to “like” our new Facebook page; “Western Service Area Authority” may be the preferred search term to find the page. Posts on legislative updates, etc.

B. Guest Speaker: Jack Shifflett, NAMI-Montana (Missoula); 406-880-1013; 406-543-6211; [jackshifflett@hotmail.com](mailto:jackshifflett@hotmail.com)

Referred to the upcoming NAMI trainings in Helena in May 12-14 and May 12-21. Nine different programs for training will take place on two separate weekends (e.g., NAMI Connections, In Our Own Voice, Family-to-Family, Peer-to-Peer, etc.) All expenses will be paid (trainings, lodging, meals, travel reimbursement). LACs should encourage members to consider attending. Details of trainings was sent to all WSAA members on our email list (See NAMI-MT website for details.) Several programs are “*tried & true*”, some new programs being brought to Montana. YAM (“Youth Aware of MH”) an MSU-sponsored program is similar to NAMI’s Parents & Teachers as Allies; pilot program in 11 schools this year will serve same purpose and is supported in Missoula by NAMI-Missoula.

NAMI Basics program is especially being encouraged to have consumers trained to be able to present; aims education at parents of child/youth with MI (population that is less well-served). It’s been a long-standing problem getting sufficient numbers of trained presenters in order to hold the programs; there’s also a challenge in recruiting participants in the programs. Program presenters are reimbursed for some expenses of holding trainings in their communities; varies with programs (some are only volunteer).

Combining NAMI chapter meetings with LAC meetings works well in some communities to recruit/retain members; there are some advantages (e.g., NAMI is a non-profit organization that allows for tax-deductible donations). Often it is the same people that are involved with both groups, but combining the two groups doesn’t always work out (for various reasons).

NAMI is also very involved with Suicide Prevention programs, and supports the programs that are already in existence. Jack shared brochures/print materials available to promote NAMI-Missoula.

C. Secretary’s Report — Denelle Pappier

Noted clarification to AMDD Report: HB 95 passed out of committee and House: allows more than one state-approved chemical dependency-related provider to treat/bill for their services to a client.

**MOTION:** Monique/Stacey. To approve February 28, 2017 board minutes as amended. PASS.

D. Treasurer’s Report — Katherine Isaacson

**MOTION:** Geri/Monique. To accept the Treasurer’s Report as submitted. PASS.

E. Local Advisory Council (LAC) Reports — LAC Representatives (*Beaverhead Co., Flathead Co., Lake Co., Lincoln Co., Madison Co., Mineral Co., Missoula Co., Ravalli Co., Sanders Co., Silver Bow Co., Pintler: (Deer Lodge, Granite, Powell counties)*)

1. Beaverhead Co./Dillon (Rick) — Not present to report.

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|-------------------|------------------------------------------------------------------------------------|
| February Expenses | \$318.86 mileage<br>\$98.29 lodging<br>\$37.31 meals<br><u>\$525.00 contracted</u> |
| Total Expenses    | \$979.46                                                                           |
| Balance 02/29/17  | \$13,625.74                                                                        |

2. Flathead Co./Kalispell (Susan) — Met 3/14. Sheila Smith, new director at WMMHC (Flathead Adult & Youth MH Services). Discussed WSAA grant: Rx Flex Fund plans to apply for funds again. NAMI Walks in September, Carroll College, Helena. Discussion of housing for MI, “as jail is overflowing.” Their LAC meets in conjunction with local NAMI chapter; holding Family to Family NAMI support meetings.

3. Lake Co./Polson (Douglas) — Vicky reported: Met 3/2 in St. Ignatius. Sunburst MHC holding meetings there to allow easier access for consumers; the Polson-area branch of the LAC tends to be more attended by providers. Still discussing how to make the determination of who should be considered the “official” LAC. Meets first Thursday of the month, 2-3pm at Sunburst, St. Ignatius. Looking for new WMMHC Director for Lake County. Katherine noted: This LAC didn’t request their annual LAC stipend.

4. Lincoln Co./Libby (Chris) — Vicky reported: she spoke with Abby Harnett at Sanders Co. LAC, but currently there is no movement on re-establishing the LILAC.

5. Madison Co./Virginia City (Jim/Doris) — Not present to report. Emailed brief update: Jim Hart is WSAA Representative but is attending a meeting in Great Falls and will try to call in. The LAC has agreed to request a switch to join CSAA and are exploring appropriate steps with Mindi Askelson at AMDD. Other news from Madison County: We are (1) making plans for May Is Mental Health Month, (2) preparing our Annual Report, and (3) going full-steam ahead on our Integrated Behavioral Health planning project.

6. Mineral Co./Superior (Dawn) — Last meeting was “disjointed” with members’ availability. Still working on jail’s formulary project; have obtained four formulary listings. Committee will create a spreadsheet for comparison purposes. Once list is generated, they can promote that to prescribers to promote consistency, especially if the consumer is frequently involved with LEAs.

7. Missoula Co./Missoula (David) — David: He was elected WSAA Rep. and elections for VP and Treasurer (Sylvia C.), discussion of recruitment to LAC; ongoing problem with jails. Katherine: Crisis House in Missoula has established an ED/involuntary side (2 beds), will be available for clients soon.

8. Ravalli Co./Hamilton (Jenny/Denelle) — Discussed the Prescription Assistance Fund and need to find additional members to support the effort; decided to apply for current WSAA grant funding to continue program. Still working on increased recruitment/attendance/retention issues.

9. Sanders Co./Plains (Shelby) — Vicky reported: Meets 4th Weds 8:30a.m. at CFV Hospital; mostly attended by providers; they have scheduled upcoming MHFA presentation with local college.

10. Silver Bow Co./Butte (Dawnita “Dee”) — Not present to report. Email report from Kenny: WSAA Rep Dawnita has resigned to become the Montana Peer Support Network affiliate for Butte. Karen Sullivan is a temporary alternate (ksullivan@bsb.mt.gov).

11. “Pintler” (Deer Lodge, Granite, Powell counties)/Anaconda (Charlotte) — Not present to report. Charlotte emailed: Michelle Harrington is temporary acting chair and secretary (mharrinton@wmmhc.org). LAC members will meet with Deer Lodge County Commission next week to gain recognition/support.

F. AMDD Report — CPOs Kenny Bell & Vicky Varichak / Mindi Askelson

Still under hiring freeze and no approval for travel reimbursement until further notice. Recruiting for MHOAC board and SOARS training. Both are volunteer positions. (Contact CPO for more information.)

G WSAA Committee Updates —

1. Legislative Priorities sub-committee — CMTE: Geri, Brooke, Stacey, Pete, Chris, Denelle.

Stacey: Peer Support Specialists (PSS) bill was signed by the Governor this week. Transmittal has occurred between houses: hope still exists for passing several MH-related bills.

2. Mini-Grant — Grant Funding CMTE: Denelle, Chris, Brenda, Monique, Leah, Dawn

Denelle: By deadline to send Notice of Intent to Apply, she received seven potential applicants. Technically, some are still out of compliance for not following instructions in submitting full information as requested and required. Denelle shared a fun quiz, “Can You Follow Directions?” that was designed to illustrate the need to strictly follow instructions in order to “pass the quiz.”

The board agrees that “real grants” are very “hardline” about needing to follow instructions and we should rightfully eliminate those who are not in compliance. It was suggested that Denelle could create a “Template for Activity Report” so that grant recipients will know what information to include in a contracted status report. At present, we ask recipients to “use their best discretion” on what information the WSAA board would want to hear from them in a mid-year or final status report on their grant-funded project or activity. Denelle noted that she “cleaned up” the contract language to try to henceforth clarify the report requirements. Future grant applications could include such a template; it was agreed that it’s a good idea and would be helpful for both the grant recipient and WSAA board members.

H. NEW BUSINESS:

1. Interim Board Elections —

Two board members have left the WSAA: Brooke Jaqueth (Missoula LAC Representative) passed away last month and Tom Camel submitted his resignation in February. For lack of time and full board member attendance to thoroughly discuss this issue, it was tabled until a future board meeting. In the meantime, LAC Representatives were encouraged to announce these openings at their LAC meetings to determine if there are members who may be interested to serve on the WSAA board.

Adjourned at 1:05 p.m.

Next meeting: **Tuesday, April 25, 2017, 10:00am-1:00pm** (at WMMHC in Missoula)

Submitted by:

Denelle Pappier, WSAA Secretary  
406-363-1311 / [dpappier@aol.com](mailto:dpappier@aol.com)

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| <u>ACRONYMS GLOSSARY:</u> | | DPHHS Dept. of Public Health & Human Services | MSH Montana State Hospital |
| AMDD Addictions & Mental Disorders Division | FY Fiscal Year (<i>July to June</i>) | NAMI National Alliance on Mental Illness | |
| BR Biennial Report (from WSAA to AMDD) | IBH Integrated Behavioral Health | PSS Peer Support Specialist | |
| CMTE Committee (<i>not acronym!</i>) | LAC Local Advisory Council | RFP Request For Proposal (grants) | |
| CIT Crisis Intervention Team (Training) | MAL Members-at-Large | SAA Service Area Authority | |
| CLO Community Liaison Officer | MH Mental Health | SDMI Severely-Disabling Mental Illness | |
| CPO Community Program Officer | MHAM Mental Health Awareness Month (May) | SUD Substance Use Disorder | |
| DBSA Depression & Bipolar Support Alliance | MHC Mental Health Center | TBD To be determined | |
| | MHFA MH First Aid training | WMMHC Western Montana MHC | |
| | MHOAC MH Oversight Advisory Council | WOC Winds of Change MHC | |
| | MI Mental Illness | WSAA Western Service Area Authority | |
| DIC Drop-In Center | MOU Memo. of Understanding | | |

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Committees for the WSAA:

WSAA FY2017 Mini-Grants — CMTE: Denelle, Chris, Brenda, Monique, Leah, Dawn, Geri

By-Laws — CMTE: Denelle, Tyler, Sylvia

Strategic Plan — CMTE: Courtney, Stacey, Monique, Doris, Pete

Sub-CMTE: Geri, Brooke, Stacey, Pete, Chris, Denelle

Jails Formulary Investigation — CMTE: Tyler, Dawn, Geri, Monique, Rena

LAC Report Form — CMTE: (TBD) (Info from LACs to WSAA; to enable writing BR)

LAC Needs Assessment Form — CMTE: (TBD)

Response to MNA — CMTE: Brenda, Pete, Leah, Rena, Denelle

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