# Western Service Area Authority (WSAA) Board Meeting

Tuesday, April 24, 2018 • 10:00 a.m. to 1:00 p.m. Western Montana Mental Health Center 1321 Wyoming St., Room 102, Missoula, Montana

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PRESENT: (Board Members – for quorum): Rena Ayres, Sylvia Carollo ( by phone), Monique Casbeer, Denelle Pappier, Courtney Rudbach ( by phone), Dawn Sandberg, Douglas Schimmel ( by phone), Pete Snyder ( by phone), Stacey Wheeler.

(Board Advisors from AMDD): Vicky Varichak

(Members/ Guests): Patty Morrin, Tyler Steinebach ( by phone), Heidi Whyte

Convened at 10:10 a.m. – Tele-conference call initiated through poly-com.

- A. Welcome / Introductions / Announcements Stacey Wheeler, Chairperson
- 1. At convening, we do not have quorum, in person and by conference call. Any budgetary motions will be conducted by email to board member, as needed. Quorum achieved @ 10:30am.
- 2. Tyler: Question of rights protection and quality assurance for MSH (and other facilities). MSH has only one psychologist to serve the entire population. Also, what about admission and discharge planning? WSAA needs to be involved in the oversight of these problems. Noted that admissions have increased due to community cuts and is in excess of appropriate numbers.
- B. Secretary's Report Denelle Pappier (dpappier@aol.com)
   MOTION: Monique/Rena. To approve April 24, 2018 board minutes as read. PASS
- D. Treasurer's Report Tim Myers (406-532-9719; tmyers@wmmhc.org) Not present to report.
- E. Webmaster Report Tricia Herman (pherman87@gmail.com)

  Not present to report; emailed that there is no web activity update. Pictures next month
- F. AMDD Report CPO Vicky Varichak

No official report from AMDD. SDMI Waiver program is not being conducted by the Community Medical Team; not clear on who's doing what, where. AMDD trying to streamline their interaction with providers by choosing one provider for the state: Spectrum Benefis (except Missoula, done by Partners in Home Health Care.) The public needs an opportunity to voice their displeasure on the decisions made that don't serve them.

Still have 3 CPO's for state that can assist with people who run into some problems. Federal gov't is paying for health coverage, but Montana state is not consistently seeing program through to the people.

G. Local Advisory Council (LAC) Reports — LAC Representatives

(Beaverhead Co., Flathead Co., Lake Co., Lincoln Co., Madison Co., Mineral Co., Missoula Co., Ravalli Co., Sanders Co., Silver Bow Co., Pintler: (Deer Lodge & Granite counties)

1. Beaverhead Co./Dillon (Rick) — (Emailed report): Our state Representative Tom Welch attended our meeting on 5/10 to give us a report on the updated projected budget numbers which are positive.

Our group signed a letter that was sent to Mary LeMieux, copied to Sheila H., Zoe B., and Jo T. at DPHHS regarding the value that Kenny Bell brought to the table when he was able to attend meetings and that we would like to see him be able to attend meetings moving forward. It was a very to the point letter, and we will follow up with another one to keep the pressure on.

The Community Decision Making meeting was held on 5/9 and facilitated by Dennis Mohatt from the Western Interstate Commission on Higher Education. 20 people were in attendance. Based on the meeting, a Mental Health survey that we conducted, a consumer focus group meeting and interviews with key community informants; three priorities were identified to move forward with. A group has been formed and commitments made by individuals to follow through. The group will meet quarterly to assure goals, timelines, and objectives are met.

Hosted the 'Walking Man' Mark Norwine from Missouri on 5/7. Presentations made to middle and high school as well as movie and public presentation in evening.

- 2. Flathead Co./Kalispell (Susan) Courtney: was not able to attend last meeting. Held CIT training last week and NAMI/LAC group was involved to give presentation. She is not working for Pathways; now working to get BH workers at health clinics, and will contact Douglas, as she will be working in Polson.
- 3. Lake Co./Polson (Douglas) No attendance at last meeting. No response from Behavioral Health staff at St. Joseph Hospital to attend. Trying to get attendance from Tribal Health and other groups.
  - 4. Lincoln Co./Libby (Chris) Currently inactive.
  - 5. Madison Co./Virginia City (Claire) Not present to report.
- 6. Mineral Co./Superior (Dawn) They are setting up to have QPR training: will invite hospital and ambulance staff; Sheriff's office, and others.
- 7. Missoula Co./Missoula (Sylvia/David) Met last week, discussed ideas to draft letter to Sheila H. to request Vicki attend their meetings. Summer Picnic will be set July 19th, 12-2pm, at Franklin Park, Missoula. Mel Mason wants to set up a Clubhouse model (based on The Village model; with some DIC-type activities. ASIST training coming up in September. (Heidi Kendall, Missoula PHD, Suicide Prevention Specialist; (406) 258-3881; <a href="https://hkendall@missoulacounty.us">hkendall@missoulacounty.us</a>.)
  - 8. Ravalli Co./Hamilton (Denelle) Didn't have an May meeting.
- 9. Sanders Co./Plains (Shelby/Vicky C.) (Emailed report): Sanders County Tobacco Prevention has an interesting event planned for World No Tobacco Day, which is Thursday, May 31!

In order to encourage people to walk more for exercise, as well as to quit tobacco, if they use it, we have put together "Walk Around the Sanders County Courthouse Block." People can come at their lunchtimes, between noon and 2 p.m. Starting at the front of the courthouse, where we'll have blood pressure readings taken and bottles of water to hand out, participants can walk around the courthouse, reading several educational signs about tobacco's link to coronary heart disease.

We'll have door prizes for those who partake. And if we have crummy weather, we've plans to hold it indoors in the Justice Courtroom, lower level.

- 10. Silver Bow Co./Butte (Tricia) She did not attend yesterday's meeting; they had a guest speaker and no other business was conducted.
- 11. "Pintler" (Deer Lodge & Granite counties)/Anaconda (Charlotte) Not present to report. OLD BUSINESS:

#### H. 1. WSAA Mini-Grants –

By April deadline, the five applications for grant funds are submitted and complete. Application packets were sent to Committee members for review and recommendations. (Awards are dependent upon determining the amount available for such funding; Treasurer Tim M. will send info when determined).

Applicant	Program Title	Requested	Points	Rank	Recommended Award
1. Baldwin	Sunburst Life & Social Skills Classes	\$1500	90.5	2	Full
2. Pappier	Bitterroot Prescription Fund	\$1500	98.5	1	Full
3. Dunks	Butte Warming Shelter Supplies	\$750	88.5	3	Full
4. Linder	SOAR Software	\$500	71.5	5	< Half
5. Nilles	Public Information Meeting	\$500	73.5	4	< Half
TOTAL		\$4750			@ \$4250 ?

**MOTION**: Monique/Douglas. To provisionally approve the committee's recommendation until determined how much funding is available from the Treasurer. If not sufficient funds, board will reconsider in June. PASS.

2. Legislative Priorities —

Each LAC should try to identify their LAC's priority list of legislative priorities AND any suggested solutions. LAC Reps need to answer and bring the questionnaire to June meeting to discuss in June 26th Congress meeting. June 25th will be next SAA Summit; we will share our concerns with the other SAAs.

## 3. WSAA Annual Congress —

Scheduled to be held at our regular June 26th board meeting. Requested that all LAC Reps. collect information on local issues and bring to that meeting to share (also, send to WSAA Secretary, especially if unable to attend). We'll discuss and make our own list of Legislative Priorities at that meeting. Thereafter, AMDD is asking that all SAAs hold one annual, statewide Congress.

July 2018 WSAA full board meeting will be canceled and the Executive Board will meet to coordinate the LAC reports into the required report to AMDD that is due August 1st. Final draft of AMDD Manual, that includes all services for consumers, is now available on their website.

#### **NEW BUSINESS**

### **Pubic Comment:**

- 1. Monique: statewide board of Summit Independent Living Council (SILC) is seeking members for input (anyone with disability will qualify). Meets 4x/yr in Helena. Contact Bill Harant MDIV Program Manager, DPHHS/State Independent Living Council, 111 N. Jackson St. Ste 4C, Helena, MT 59601; Phone: (406) 444-4175; <a href="mailto:bharant@mt.gov">bharant@mt.gov</a>; <a href="mailto:www.silc.mt.gov">www.silc.mt.gov</a>.
- 2. Tyler brought up some good points that need further investigation. Stacey will research rules for LAC & WSAA to clarify what our role should be in state MH advocacy. May want to write a letter (with teeth!) to demand that MSH and other facilities rectify the situation of overcrowding and under-serving. Concern that these are human rights violations. Stacey will contact BOV and Disability Rights.

Also, concerned for lack of attention being given to need for MH Advanced Directives for hospitalized MI persons. What is happening regarding the rule of alternate transportation ("Transportation with Dignity"; without handcuffs & shackles)? A law has been implemented state-wide, but each county interprets the level of "safety" required to transport clients. Most counties follow recommendation of their Sheriff's office.

3. NAMI-Montana State Conference will probably be held in Helena, end of October? May be able to coordinate with the Mihelishs (who organize it) to see if we can get a "break-out" session during the conference in order to hold a statewide SAA Summit.

Adjourned at 11:40 p.m.

Next meeting: <u>Tuesday, June 26, 2017, 10:00am-1:00pm</u> (at WMMHC in Missoula) Submitted by: Denelle Pappier, WSAA Secretary (406-363-1311 / <u>dpappier@aol.com</u>)

ACRONYMS GLOSSARY:

AMDD Addictions & Mental
Disorders Division

BH Behavioral Health

CBPRS Community-Based
Psychiatric Rehabilitative Support

CIT Crisis Intervention Team

CM Case Management

CLO Community Liaison Officer

CPO Community Program Officer

DPHHS Dept. of Public Health & Human Services

FY Fiscal Year (July to June)

LEA Law Enforcement Agency MCSD Msla Co. School District MH Mental Health MHAM Mental Health Awareness Month (May) MHC Mental Health Center MHFA MH First Aid training MHOAC MH Oversight Advisory Council ΜI Mental Illness MOU Memo. of Understanding MSH Montana State Hospital NAMI National Alliance on Mental

PACT Program for Assertive Community Treatment PSS Peer Support Specialist Project Tomorrow **RFP** Request for Proposals SAA Service Area Authority SDMI Severely-Disabling Mental Illness SUD Substance Use Disorder TBD To be determined WMMHC Western Montana MHC WOC Winds of Change MHC **WSAA** Western Service Area Authority

#### Committees for the WSAA:

LAC Local Advisory Council

WSAA FY'18 Mini-Grants — CMTE: Denelle, Stacey, Brenda, Leah, Dawn, Geri

By-Laws — CMTE: Denelle, Stacey, Sylvia

Strategic Plan — CMTE: <u>Courtney</u>, Stacey, Monique, Doris, Pete Jails Formulary Investigation — CMTE: <u>Dawn</u>, Tyler, Geri, Rena