

Western Service Area Authority (WSAA) Board Meeting

Tuesday, March 26, 2019 • 10:00 a.m. to 1:00 p.m.

Western Montana Mental Health Center

1321 Wyoming St., Room 102, Missoula, Montana

~~~~~

PRESENT: (Board Members – for quorum): Sylvia Carollo, Monique Casbeer, David Cockrell, Brenda Desmond, Rick Hartz, Claire Leonard (by phone), Denelle Pappier, Dawn Sandberg, Douglas Schimmel, Pete Snyder, Tyler Steinebach, Geri Stewart, Stacey Wheeler.

(Board Advisors from AMDD): Kenny Bell, Vicky Varichak.

(Members/ Guests): none.

Convened at 10:00 a.m. – Tele-conference call initiated.

A. Welcome / Introductions / Announcements — Stacey Wheeler, Chairperson

1. Sylvia: NAMI/LAC Picnic, Thursday, July 18th in Franklin Park, Missoula.
2. Monique: Missoula Interfaith community has been meeting to address the issue of shortage of housing in Missoula.
3. David: Has been actively contacting state legislators and the Governor to encourage them to uphold Medicaid Expansion. Others agreed that they had, too.
4. Pete: Pint Night @ KettleHouse Brewery; Out of Darkness Walk, Sept. 14th.
5. Monique: NAMI-MT holding “High Tea” fundraiser, April 28th at Msla clubhouse.
6. Brenda: Attended Medicaid Expansion hearing in Helena; was happy to see leaders tended to be young people taking the lead. Loud assembly in capital rotunda.

B. Secretary’s Report — Denelle Pappier

No board meeting in February; cancelled due to regional snow blizzard.

**MOTION:** Monique/Sylvia. To approve January 22, 2018 board minutes as read. PASS

C. Treasurer’s Report — (position vacant)

Stacey has been “playing Treasurer” out of necessity that WMMHC hasn’t assigned a staff member to attend to our fiscal business. With the changing treasurers, our funds are not fully expended from FY’18, as the board had directed; Stacey has contacted AMDD to ask what they recommend we do with the funds. Approx. \$6,581.00; could it “roll over” to FY’19 budget? Appears that the monies for Mini-Grants has not been distributed. Will investigate if that is so; in which case, we need to pay them.

Do we want to change from WMMHC as fiduciary agent? Stacey is working with the controller at WMMHC, but she doesn’t have time to “babysit” our financial issues.

**MOTION:** Pete/Brenda. To authorize chair Stacey Wheeler to contact Levi Anderson (CEO, WMMHC) and Julie Fleck (Sunburst MHC) to determine if either one can recommend a person to serve as WSAA board member and Treasurer. PASS

What other ways can this overage of money can be appropriately distributed? Discussion: quick Mini-Grants (with short turn-around, to be determined by May board meeting), LAC special projects, Regional Meeting (outside of Missoula), Put together a training workshop to help struggling LACs with recruitment/attendance in their communities. Rick will ask Beaverhead LAC if they might want to host us for a regional meeting. Annual stipend to LAC = \$300 for basic operating costs; could they receive extra funds for a specific purpose? LACs could apply for extra funding grant? Donate to NAMI-MT for our annual Congress? (Tribal public defender office, Anne Sherwood, may be able to help Douglas get natives to respect/attend Lake Co.’s LAC’s efforts.) Could have a special speaker and hold a public meeting; perhaps in a hotel banquet room with food, attract public attendance.

**MOTION:** Rick/Pete. To prioritize that LACs are eligible for additional monies over their stipend, if they request for a specific project and apply as for a mini-grant for up to \$2000. PASS

CMTE: Denelle, Brenda, Dawn, Monique. To receive applications by May 15th and Cmte

recommends to board at May 28th board meeting. Inform applicants that review of applications will begin April 23rd. If an external applicant for mini-grant, we should stipulate that money cannot be used for operating costs.

D. Webmaster's Report — Tricia Herman

Please send anything that needs to be posted to her with copies to Stacey and Denelle.

E. AMDD Report — CPOs Kenny Bell / Vicky Varichak

New Bureau Chief for Prevention (of Chemical Abuse and MH disorders), Bobbie Perkins. Currently restructuring the departments of AMDD to address the prevalence of SUD with MH disorders; it's very common for client to deal with both. Now talking about emphasis on recovery as the approach to changing Behavioral Health. Melissa Higgins is Bureau Chief for Treatment (of both SUD/MH).

Questions/Concerns Addressed to AMDD:

1. We want to receive current Admission/Discharge information from MSH.

F. Local Advisory Council (LAC) Reports — LAC Representatives (**Deferred LAC reports**) (*Beaverhead Co., Flathead Co., Lake Co., Lincoln Co., Madison Co., Mineral Co., Missoula Co., Ravalli Co., Sanders Co., Silver Bow Co., Pintler: (Deer Lodge & Granite counties)*)

1. Beaverhead Co./Dillon (Rick) — New chair Jerry Gerard.
2. Flathead Co./Kalispell (Courtney) —
3. Lake Co./Polson (Douglas) —
4. Lincoln Co./Libby (vacant) — Currently inactive.
5. Madison Co./Virginia City (Claire) —
6. Mineral Co./Superior (Dawn) —
7. Missoula Co./Missoula (Sylvia/David) —
8. Ravalli Co./Hamilton (Denelle) —
9. Sanders Co./Plains (Vicky C.) —
10. Silver Bow Co./Butte (vacant) —
11. "Pintler" (Deer Lodge & Granite counties)/Anaconda (vacant) — Currently inactive.

G. OLD BUSINESS:

1. 2019 Legislative Committee Update — Tyler Steinebach

Today is the last day the committee in legislature can vote on the Medicaid Expansion bill. Several bills were "lost" during transmittal between houses and will not progress. Still working to have support from legislators for some MH bills.

2. SAA Summit Report — Stacey Wheeler

Meeting was held at AMDD offices in Helena on March 15. Stacey attended and reported on discussions. These are public meetings; anyone can attend (by phone or in person).

a) Statewide Congress: Decided to coincide with MT Peer Network's annual training, (will be held on Friday, September 6th in Helena, WSAA Congress in the AM), rather than NAMI-MT annual conference. Spoke with Jim Hajny of MPN, who is excited at partnership.

b) Determined next 3 SAA meeting dates: Scheduled meetings are on Fridays, 10a-3p at AMDD offices, Helena. **June 14th (ESAA); Sept. 13th (CSAA); Dec. 13th (WSAA).**

c). Not getting the regular reports from MSH with data on admissions per county, diagnosis, etc. Ask AMDD to intervene?

3. MT SHIP Plan — Tyler (\*see table below\*)

SHIP (State Health Improvement Plan) Five Year Plan, 2018-2023. Five Priority Areas: Behavioral Health (includes MH, SUD); Chronic Disease Prevention and Self-Management; Motor Vehicle Crashes; Healthy Mothers, Babies, and Youth; Adverse Childhood Experiences (ACE).

Tyler provided an example schedule for discussion topics/month, in order to keep monthly discussions manageable in parts. Encourage LACs to do as much as possible towards this ambitious schedule. Remember, it's a 5-year plan, that makes this a "working" document.

WSAA/LACs - SHIP

| Apr-19                              | May-19                                             | Jun-19                                    | Jul-19                                           | Aug-19                          | Sep-19                                             | Oct-19                                            | Nov-19                                   | Dec-19                                | Jan-20                                                    |
|-------------------------------------|----------------------------------------------------|-------------------------------------------|--------------------------------------------------|---------------------------------|----------------------------------------------------|---------------------------------------------------|------------------------------------------|---------------------------------------|-----------------------------------------------------------|
| <b>Prevention</b>                   | <b>Prevention</b>                                  | <b>Prevention</b>                         | <b>Prevention</b>                                | <b>Prevention</b>               | <b>Prevention</b>                                  | <b>Prevention</b>                                 | <b>Prevention</b>                        | <b>Prevention</b>                     | <b>Prevention</b>                                         |
| Suicide Prev<br>Firearm safety      | Harm Reduction<br>Stigma<br>Alcohol prev           | Suicide Prev<br>Stigma<br>script disposal | Stigma<br>Tobacco prev                           | Suicide Prev<br>Stigma          | Tobacco prev<br>Firearm safety                     | Stigma - Cultural<br>script disposal              | Harm Reduction<br>Stigma<br>Alcohol prev | Suicide Prev<br>script disposal       | Suicide Prev<br>Firearm safety                            |
| <b>Clinical</b>                     | <b>Clinical</b>                                    | <b>Clinical</b>                           | <b>Clinical</b>                                  | <b>Clinical</b>                 | <b>Clinical</b>                                    | <b>Clinical</b>                                   | <b>Clinical</b>                          | <b>Clinical</b>                       | <b>Clinical</b>                                           |
| Refer to Treatment<br>Peers         | Telehealth prom<br>Trauma-law<br>narcan - training | Addict Couns<br>Brief Intervention        | PHQ - screen<br>Peers - MSH<br>Referrals-primary | screen - CSSRS<br>Trauma-courts | pregnancy-SUD<br>Trauma-primary<br>Providers - MAT | screen - GAD<br>Referrals<br>narcan - training    | Screen - AUDI<br>Addic couns             | Peers - incarc<br>Trauma-first resp   | med assist - institutions<br>Peers - hosp ds<br>Referrals |
| <b>Policy</b>                       | <b>Policy</b>                                      | <b>Policy</b>                             | <b>Policy</b>                                    | <b>Policy</b>                   | <b>Policy</b>                                      | <b>Policy</b>                                     | <b>Policy</b>                            | <b>Policy</b>                         | <b>Policy</b>                                             |
| ER to facility<br>Peers - hospitals | Barriers<br>ER diversion                           | warm handoff<br>Peers                     | Crisis response<br>Barriers                      | Jails<br>narcan - prom          | Probation<br>Peers                                 | Institutional diversion<br>Legislator involvement | Suicide data<br>narcan - prom            | Warm handoff<br>ER diversion<br>Peers | Institutional diversion<br>Local policies                 |
| <b>Health Equity</b>                | <b>Health Equity</b>                               | <b>Health Equity</b>                      | <b>Health Equity</b>                             | <b>Health Equity</b>            | <b>Health Equity</b>                               | <b>Health Equity</b>                              | <b>Health Equity</b>                     | <b>Health Equity</b>                  | <b>Health Equity</b>                                      |
| Native needs<br>Care coord          | LGBTQ needs<br>Care coord                          | Veterans needs<br>Care coord              | Low income needs<br>Care coord                   | Frontier needs<br>Care coord    | Native needs<br>recovery support                   | LGBTQ needs<br>recovery support                   | Veterans needs<br>recovery support       | Low income needs<br>recovery support  | Frontier needs<br>recovery support                        |

5. Proposed New SAA Catchment Areas — Stacey  
Presented map (\*see map\*);

pros & cons to either plan (3 or 5 areas).  
Tasked Directors with taking this topic back  
to discuss in LACs. WSAA is also supposed  
to be attentive to area of SUD, as stand-  
alone services; not just MH with Co-Oc.

H. NEW BUSINESS:

1. WSAA/LAC Workshop

Potentials: Through WebEx, may be better  
than trying to have single geographical  
location for in-person attendance (although  
it's difficult to hold an all-day training only  
online). Topics: struggling LACs help with membership, SHIP, etc.?

2. Next WSAA Meeting:

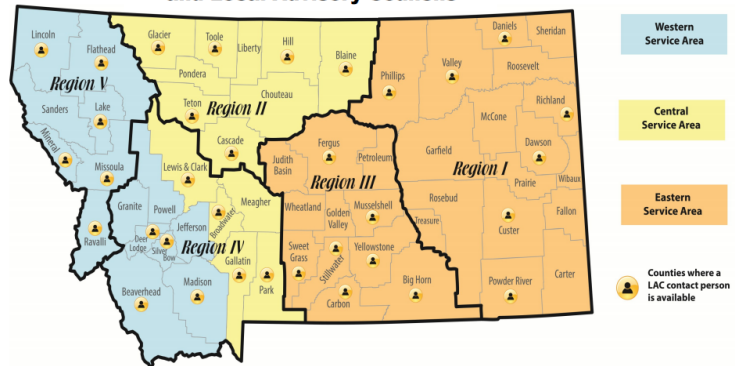
**MOTION:** Tyler/David. To designate some money to hold an actual lunch at the next two  
board meetings. PASS (Trusting Exec. Board to use discretion on budget) Want to include salads  
and alternative menus for those with dietary restrictions.

Adjourned at 1:00 p.m.

Next meeting: Tuesday, April 23, 2019, 10:00am-1:00pm

Submitted by: Denelle Pappier, WSAA Secretary (406-363-1311 / dpappier@aol.com)

Adult Mental Health Service Areas  
and Local Advisory Councils



ACRONYMS GLOSSARY:

AMDD Addictions & Mental Disorders Division  
BH Behavioral Health  
BHAM Behavioral Health Alliance of Montana  
CBPRS Community-Based Psychiatric Rehabilitative Support  
CIT Crisis Intervention Team  
CM Case Management  
CLO Community Liaison Officer  
CPO Community Program Officer  
CSAA Central Service Area Authority  
DPHHS Dept. of Public Health

& Human Services  
ESAA Eastern Service Area Auth.  
FY Fiscal Year (July to June)  
LAC Local Advisory Council  
LEA Law Enforcement Agency  
MH Mental Health  
MHAM Mental Health Awareness Month (May)  
MHC Mental Health Center  
MHFA MH First Aid training  
MHOAC MH Oversight Advisory Council  
MI Mental Illness  
MOU Memorandum of Understanding  
MSH Montana State Hospital  
NAMI National Alliance on

Mental Illness  
PACT Program for Assertive Community Treatment  
PATH People Assisting The Homeless  
PSS Peer Support Specialist  
PT Project Tomorrow  
QPR Question, Persuade, Refer  
SAA Service Area Authority  
SDMI Severely-Disabling Mental Illness  
SUD Substance Use Disorder  
TBD "To be determined"  
WMMHC Western Montana MHC  
WSAA Western Service Area Authority