

Western Service Area Authority (WSAA) Board Meeting

Tuesday, May 28, 2019 • 10:00 a.m. to 1:00 p.m.

Western Montana Mental Health Center

1321 Wyoming St., Room 102, Missoula, Montana

~~~~~

PRESENT: (Board Members – for quorum): Kari Auclair (kauclair@wmmhc.org), Sylvia Carollo (by phone), Tricia Herman Cutright (by phone; new= pcutright87@gmail.com), Claire Leonard (by phone), Denelle Pappier, Dawn Sandberg, Douglas Schimmel, Geri Stewart, Stacey Wheeler.

(Board Advisors from AMDD): Kenny Bell

(Members/ Guests): Charles Baker, Michelle Hill, Deanna Koepke, Katie Sorenson.

Convened at 10:18 a.m. – Tele-conference call initiated.

A. Welcome / Introductions / Announcements — Stacey Wheeler, Chairperson

1. Elect/accept Kari Auclair as Treasurer.

**MOTION:** Monique/Geri. To accept Kari Auclair as WSAA Treasurer. PASS

2. Monique: NAMI held function at Imagine Nation Brewery; had MH panel where Pete Snyder and Brenda Desmond spoke. NAMI has cancelled some of their free trainings due to lack of interest to attend; especially outside of Missoula County.

3. Katie: MHOAC changed name to Behavioral Health OAC; still needs to be approved by legislature. Combines services to include MH and SUD issues.

B. Secretary's Report — Denelle Pappier

**MOTION:** Monique/Douglas. To approve March 23, 2018 board minutes as read. PASS

**MOTION:** Monique/Geri. To approve April 23, 2018 board minutes as read. PASS

C. Treasurer's Report — (Kari Auclair)

Remaining funds in account: \$14,99.86. Still need to pay June expenses and remaining LAC stipends (@\$1500). Reviewed the submitted grant applications and discussed committee recommendations. See Addendum for Applicants Overview.

**MOTION:** Geri/Douglas. To accept Committee recommendations. PASS

D. Guest Speaker: Michelle Hill, graduate student in MH/SW. Asking for support on her dissertation on burn-out of clinical MH providers. Sent out email survey to 43 providers to share with their staffs on job demands and limited resources (using "QEEW burn-out inventory"); received a good number back (needs 98 completed surveys to be statistically accurate. She wants to positively impact counselor education programs/internships to know what the field is really like and need for self-care to avoid burn-out. Asked if we know any other providers/counselors to take her survey, please pass on her contact information: ([michelle.hill4@waldenu.edu](mailto:michelle.hill4@waldenu.edu)). She will send a link to the short, online Survey Monkey survey; deadline to receive answers is June 30, 2019. If you'd like to know more about participation in this study, details are addressed on the first page of the online survey. Please follow the link below. She will return with the results next fall. <https://www.surveymonkey.com/r/RMX2SD5>.

E. Webmaster's Report — Tricia Cutright [[pcutright87@gmail.com](mailto:pcutright87@gmail.com) / 406-565-2433]

Tricia Cutright (previously "Herman") provided her new email address as she has changed her last name. Please send anything that needs to be posted to her with CC to Stacey & Denelle. Biggest issue: needs LACs to email their activities to her to post online and keep website current.

F. AMDD Report — CPO Kenny Bell

Received a belated monthly email from Cindy Dallas; forwarded to Secretary by Chair.

Need to request AMDD add the Secretary's email address to the mailing list.

CPO reported: Knows nothing more than the report that was sent out. Major problem is that the report contains announcements for many activities that are already passed. Kenny feels they will work toward getting ahead to send information out the month before the activities. Currently, developing the newsletter; contact Maria Valandra of AMDD; Stacey will address this at June SAA Summit.

Questions/Concerns Addressed to AMDD:

1. WebEx? Instructions / Trial?
2. Add WSAA Secretary to AMDD email list to receive monthly report.
3. Please send AMDD report in timely manner that allows us to attend/promote the event that is referenced.

F. Local Advisory Council (LAC) Reports — LAC Representatives (*Beaverhead Co., Flathead Co., Lake Co., Lincoln Co., Madison Co., Mineral Co., Missoula Co., Ravalli Co., Sanders Co., Silver Bow Co., Pintler: (Deer Lodge & Granite counties)*)

1. Beaverhead Co./Dillon (Rick) — Not present to report. Emailed that they continue to work on the Big Sky Behavioral Health Conference, October 3-4 in Dillon (Register through Eventbrite). He's been working with Katie Sorenson, who attended LAC's last meeting for the first time last month, to arrange to put on a 1 day Introduction To Recovery class here in Dillon as part of her duties as Peer Services Coordinator for Montana's Peer Network. She's scheduled to come to our next LAC meeting on June 14th to talk with our group about when/where for her class.

2. Flathead Co./Kalispell (Courtney) — Not present to report.

3. Lake Co./Polson (Douglas) — Still struggling, having difficulty getting people to attend.

4. Lincoln Co./Libby (vacant) — Currently inactive.

5. Madison Co./Virginia City (Claire) — May is MHAM and they've been very active: put up banners around town, presentations at every ~~nursing home~~ Senior Center in county on how to access services; held MHFA training. Has a limited Crisis Response team in county; limited funding through county. June schedule: guest speakers; July schedule: 1-man play from Helena, "Any Brilliant Thing" (MH-related content). Probably will skip August meeting. (*\*will send play info*)

6. Mineral Co./Superior (Dawn) — Met and worked on the grant proposals.

7. Missoula Co./Missoula (Sylvia) — Planning is "starting over" by relearning what Karen Ward used to do to make July party in park happen. Still need to make promo flyer.

8. Ravalli Co./Hamilton (Denelle) — Joined the "Sprinkle Happiness" activity on Saturday, May 4th to share positive affirmations on placards; stood on Main St./First St. intersection for one hour to encourage the public that was driving by! (Host your own Happiness event: visit website [www.anacortescenterforhappiness.org/](http://www.anacortescenterforhappiness.org/)). Met and worked on the grant proposals. Networking to find free meeting space in Hamilton.

9. Sanders Co./Plains (Vicky C.) — Not present to report. (Meets 4th Weds; 532-9190 x.1)

10. Silver Bow Co./Butte (vacant) — Not present to report. (Chair, Karen Sullivan, Ph.D.)

11. "Pintler" (Deer Lodge & Granite counties)/Anaconda (vacant) — Currently inactive.

G. OLD BUSINESS:

1. 2019 Legislative Committee Update — Tyler Steinebach  
Legislative session ends May 1st. Updates next month. Unsure what Legislative Committee will work on between sessions.

2. Proposed New SAA Catchment Areas — Stacey  
Some discussion on considering rearranging the state from 3 to 5 regions. Asked for LAC feedback. Would not be implemented until our next 2-year contract with AMDD (2021?).

WMMHC is changing their area/regions. Still awaiting majority LAC feedback. The 5 regions correspond with the regions designated for healthcare services.

H. NEW BUSINESS:

1. State says they have multiple requests for MSH census; they've put those in a queue to be answered, but they don't estimate how long until we might receive an answer. MSH has apparently cut communication with departments, including AMDD, so oversight seems lacking. Is anyone collecting the information that we requested?

2. Claire: Last month was the best MHOAC meeting ever! They need to address personnel turnover so there's continuity of who's in charge of what areas. (\*\*She or Kenny will send AMDD organization chart.) Block grants are due in September; need to change thinking to include SUD with MH services. Working on that at next meeting (meets quarterly).

3. SAA Summit – Meets quarterly. Next: Friday, June 14, (ESAA hosts) 10a -3p, Helena. Phone-in option; each SAA gets 4 votes. Stacey and Denelle plan to attend; others?

4. Statewide Congress – Pre-planning for Friday, Sept. 6 meeting in coordination with MT Peer Network conference; free attendance, at Colonial Inn, Helena. Our 2-hour portion will be in the morning; plus 1-2 workshops may be presented (would like to be on LAC support).

5. Stacey has requested additional funds from AMDD as they are adding considerably more people with addition of SUD (Substance Use Disorder). About one-third of MT population is dealing with SUD, MH, or both. On the SAA Summit agenda to discuss this.

6. WSAA/LAC Workshop Potentials: Through WebEx, may be better than trying to have single geographical location for in-person attendance (although it's difficult to hold an all-day training only online). Topics: struggling LACs help with membership, SHIP, etc.?

Adjourned at 12:10 p.m.

**Next meeting: Tuesday, June 25, 2019, 10:00am-1:00pm**

Submitted by: Denelle Pappier, WSAA Secretary (406-363-1311 / [dpappier@aol.com](mailto:dpappier@aol.com))

~~~~~  
ACRONYMS GLOSSARY:

AMDD Addictions & Mental Disorders Division
BH Behavioral Health
BHAM Behavioral Health Alliance of Montana
CBPRS Community-Based Psychiatric Rehabilitative Support
CIT Crisis Intervention Team
CM Case Management
CLO Community Liaison Officer
CPO Community Program Officer
CSAA Central Service Area Authority
DPHHS Dept. of Public Health & Human Services

ESAA Eastern Service Area Auth.
FY Fiscal Year (*July to June*)
LAC Local Advisory Council
LEA Law Enforcement Agency
MH Mental Health
MHAM Mental Health Awareness Month (May)
MHC Mental Health Center
MHFA MH First Aid training
MHOAC MH Oversight Advisory Council
MI Mental Illness
MOU Memorandum of Understanding
MSH Montana State Hospital
NAMI National Alliance on Mental Illness
PACT Program for Assertive

Community Treatment
PATH People Assisting The Homeless
PSS Peer Support Specialist
PT Project Tomorrow
QPR Question, Persuade, Refer
SAA Service Area Authority
SDMI Severely-Disabling Mental Illness
SHIP State Health Improvement Plan
SUD Substance Use Disorder
TBD "To be determined"
WMMHC Western Montana MHC
WSAA Western Service Area Authority

~~~~~